







Weekender NAPLES

For plates of summery spaghetti alla vongole and glasses of greco di tufo (and pizza, heaps of pizza) head to this rough-edged, food-obsessed Italian seaside city

Words GINA TRINGALI

Old-school charm For home-style Neapolitan food head to Antica Osteria Pisano, going strong since 1947. Order the marinated anchovies, zeppoline di mare (fried dough with seaweed) and fried calamaretti to start, then pasta with seafood and a bottle of greco di tufo. End with a glass of house amaro, made with herbs. osteriapisano.it

Market finds In the bustling Pignasecca market, Ai Monti Lattari deli sells Neapolitan snacks like taralli and tortano (pork- and cheese-studded bread). Ask Eva for a tasting of her family's fior di latte, provola affumicata and caciocavallo cheese.

Via Pignasecca 10; 00 39 081 551 9554

Street food Wander along Via Toledo toward Piazza Plebiscito for street food at Pizza a Portafoglio di Gennaro Salvo. Order a pizza a portafoglio (it's folded like a wallet), a crocchè di patate and frittatine di pasta. It's worth the wait. Via Toledo 244; 00 39 081 2665 1218

Prize pizza Visiting Naples without eating pizza would be blasphemy. Head to smart Vomero and Pizzaria La Notizia for a classic with a twist, the margherita DOP or the San Gennaro with yellow piennolo tomatoes, oregano, anchovies, black olives, parsley and basil. pizzarialanotizia.com

Chatty trattoria Join the boisterous lunch crew at **Trattoria da Nennella** in the Quartieri Spagnoli for home-style dishes served at tables adorned with red-and-white-checked tablecloths. Try the creamy pasta and chickpeas or pasta with potatoes and provola cheese for the ultimate Neapolitan comfort food. *trattoriadanennella.it*

Caffeine hit Knock back a luscious caffè alla nocciola (espresso with hazelnut cream) at II Vero Bar Del Professore.

Or, if sweet coffee isn't your thing, order a caffè shakerato senza zucchero (espresso shaken with ice) on a hot day. ilverobardelprofessore.com

Stellar seafood Ask for a table overlooking the bay at **Trattoria da Cicciotto**, where elegantly dressed Italians take in the view of Capri while dining on the freshest local seafood. Order spaghetti alle vongole cooked perfectly al dente by chef Vincenzo. *trattoriadacicciotto.it*

Cin cin! Fashionable locals mingle on the outdoor patio at Cantine Sociali in upscale Chiaia. Follow suit by savouring a glass of prosecco, Fiano di Avellino or a pre-dinner cocktail. facebook.com/CantineSocialiNapoli

Panoramic pitstop Whether you're craving a sweet, flaky sfogliatella, a rum-soaked baba with whipped cream, a pillowy pizzetta or just a caffè, pull up a seat on the balcony at **Bar Moccia a Posillipo** and you can enjoy them with unparalleled views of the sea, Mount Vesuvius and the bay. facebook.com/Mocciaposillipo

Modern cafeteria Natural wines, speciality coffee, sourdough bread, fish and vegetables take centre stage at hip caffetteria **Soulcrumbs**. At dinner order the smoked tuna, miso mayo and cherry tomato smørrebrød, or the clam soup with lemongrass and chilli served over cold rye noodles, and a glass of Canlibero Iastemma Vino Bianco. *soulcrumbs.it*



HOW TO DO IT

Return flights from various UK airports to Naples cost from around £60 return (easyjet.com; ryanair.com). Doubles at Costantinopoli 104 cost from £160, b&b (costantinopoli104.it). More info: visitnaples.eu.

Food writer Gina Tringali divides her time between Rome, Naples and Sicily, designing foodie tours and writing for Casa Mia Italy Food & Wine Tours (italyfoodandwinetours.com) and GT Food & Travel (gtfoodandtravel.com).